



Meet your SibShop facilitators!



Brendan O'Leary (Howard Center) has a bachelor's degree in psychology and 10 years' experience working with individuals with disabilities. Brendan worked many years within various Chittenden county schools working with kids with behavioral challenges. During his time working 1:1 with kids, he successfully graduated from 3rd grade three years in a row and holds the record for the tallest 3rd grader at 6'1". Currently, Brendan works for Howard Center as a Team Lead at Developmental Services supporting adults with developmental disabilities and significant medical concerns. Massachusetts native and Vermont transplant, Brendan lives in Burlington, Vermont with his family. Brendan enjoys running Sibshops because it's a chance to use his theatrical skills to entertain kids, make sure they have a great time, and promote peer connections.

Jamie Rainville (Vermont Family Network) has a bachelor's degree in Psychology and more than 10 years of experience supervising Autism Interventionists. Currently, Jamie works for Vermont Family Network as a Family Support Consultant, where she helps families across the state access resources and support. Born and raised in Vermont, Jamie is the proud mother of a rambunctious two and half year old, who has an uncanny ability to make her feel old and young all at the same time. Jamie and her family live in South Hero and she enjoys hiking, biking, running and swimming in the lake. Jamie loves participating in Sibshops because she cares deeply about young brothers and sisters and their concerns and wants them to have a group of their own.



Sarah Gauthier (Howard Center) has a bachelor's degree in Psychology, a master's degree in Creative Arts Therapy and more than 5 year's experience working with children and adults with disabilities. Sarah worked for several years in hospitals facilitating individual and group Art Therapy to children with medical conditions and adults with mental health diagnoses. Sarah also has experience of working as an inclusion group leader at a summer camp. Currently, Sarah works for Howard Center as a Program Manager at Developmental Services supporting children and adults with developmental disabilities. Sarah enjoys co-facilitating SibShop because she enjoys utilizing her creativity to connect people through group activities, art therapy and cultivating relationships around our similarities rather than our differences.

Janice Sabett (Vermont Family Network) has a Master in Public Administration from Ohio State University. She joined Vermont Family Network in 2011 in the new position of Family Support Consultant/Training Specialist. Janice oversees workshops, webinars, training resources, and outreach. She brings "lived" experience as the mother of three young adult siblings who Janice and her husband Tony adopted as elementary school-aged children from Colombia. Her family experiences led her to NAMI (the National Alliance on Mental Illness) where she co-facilitates a family support group and trains new support group facilitators. With more than 20 years of experience in Human Resources, with a focus on training and communications, Janice brings enthusiasm and knowledge to her work serving families of children with disabilities and the professionals who support them. The fun and conversations at Sibshops keeps her young at heart and is definitely one of the most enjoyable parts of her job.



Molly Jeffries (Howard Center) has a bachelor's degree in Sociology from the University of Vermont and has 8 years' experience working with children and adults with disabilities. Currently, Molly works for Howard Center as a Program Manager at Developmental Services supporting adults with developmental disabilities. Being an 8 year old herself (at heart), Molly has spent a large part of her life volunteering for and surrounding herself with her peers...other children. Molly lives in Colchester, Vermont, where she enjoys playing slowpitch softball, getting into the lake, coaching girl's fastpitch softball, and hiking with her dog. Sibshops is important to Molly because she enjoys giving children a safe space to be surrounded by others with similar experiences.