

Accommodations

- [Getting Accommodations for College \(Mental Health Needs\)](#)
- [JAN Job Accommodation Network](#)
- [Employees' Practical Guide to Negotiating and Requesting Reasonable Accommodations Under the Americans with Disabilities Act \(ADA\)](#)
- [SOAR Searchable Online Accommodations](#)

Assessments

- [Age Appropriate Transition Assessment Toolkit 3rd Edition \(NSTTAC\)](#)
- [O*net Interest Profiler \(O*net\)](#)
- [Transition Assessment - Live Binder](#)
- [Transition Assessment Planning Form](#)
- [Work Values Assessments](#)
- [Interest Assessments \(CareerOneStop\)](#)
- [Career Planning Begins with Assessments \(NCWD\)](#)
- [Transition Coalition Assessments](#)
- [Transition Assessments for Students with Severe and Multiple Disabilities](#)

Advocacy

- [How You Can Help Your Child Learn to be a Good Self Advocate \(PACER\)](#)
- [Tips for Teens: Use Your IEP Meetings to Learn How to Advocate for Yourself \(PACER\)](#)

Apprenticeships

- [ApprenticeshipWorks videos](#)

Assistive Technology

- [Ability Hub](#)
- [ABLEDATA](#)

- [AccessIT](#)
- [Alliance for Technology Access](#)
- [Assistive Technology for Transition Success \(PACER\)](#)
- [Bookshare](#)
- [Family Information Guide to Assistive Technology and Transition Planning \(Center on Technology and Disability\)](#)
- [Microsoft Accessibility Resources](#)
- [Project Gutenberg](#)
- [Vermont Assistive Technology Program \(VATP\)](#)

Benefits

- [Benefits Planning for Youth with Disabilities \(NCWD\)](#)

Career Planning

- [Career Planning Begins with Assessment: A Guide for Professionals Serving Youth with Educational and Career Development Challenges \(NCWD\)](#)
- [Career Pathways, PreETS, Personalized Career and Academic Plans \(NCWD\)](#)
- [Engaging Youth in Work Experiences Helping Youth Build Work Skills for Job Success: Tips for Families \(NCWD\)](#)
- [Understanding the New Vision for Career Development: The Role of the Family \(NCWD\)](#)
- [National Career Development Association](#)
- [Occupational Network](#)
- [Career Planning Begins with Assessment: A Guide for Professionals Serving Youth with Educational and Career Development Challenges \(NCWD\)](#)

Career Readiness

- [Introduction to and Help with Resume Writing](#)
- [Helping Youth Develop Soft Skills for Job Success: Tips for Parents and Families](#)
- [Skills to Pay the Bills](#)

- [O*NET OnLine](#)
- [Career One Stop](#)
- [ACT World of Work](#)

College Preparation/Planning

- [Advising High School Students with Disabilities on Postsecondary Options: Guidance and Career Counselors Toolkit \(HEATH\)](#)
- [College Navigator](#)
- [College App Map](#)
- [College or Training Programs: How to Decide Tips for Youth \(PACER\)](#)
- [Mapping Your Future](#)
- [Making My Way Through College \(NCWD\)](#)
- [Summer Pre-College Programs \(HEATH\)](#)
- [ThinkCollege](#)
- [Vermont Student Assistance Corporation \(VSAC\)](#)

College Testing

- [Accuplacer](#)
- [March2Success](#)
- [ACT](#)
- [National Center for Fair and Open Testing](#)
- [SAT](#)
- [College Board](#)

Cultural Competence

- [Cultural Competence: Essential Ingredient for Successful Transitions of Care \[PDF\]](#)
- [National Center for Cultural Competence \(Georgetown University\)](#)
- [The Transition to Adult Health Care For Youth with Special Health Care Needs: Do Racial and Ethnic Disparities Exist](#)
- [Multicultural Transition Guide](#)

Disability Specific Resources

- [A Guide to Visual Disabilities](#)
- [Educating Students with Visual Impairments](#)
- [Division of Blind and Visually Impaired Guide to Employment Toolkit](#)

Disclosure

- [Youth, Disclosure, and the Workplace Why, When, What, and How \(ODEP\)](#)
- [Youth and Disability Disclosure: The Role of Families and Advocates \(NCWD\)](#)
- [The 411 on Disability Disclosure: A Workbook for Youth with Disabilities \(ODEP\)](#)

Dual Enrollment

- [Dual Enrollment: Implications for Special Education](#)
- [Dual Enrollment Program Manual \(VTAOE\)](#)
- [Flow Chart Dual Enrollment for Students on IEPs \(VTAOE\)](#)

Employment

- [Apprenticeship \(DOL\)](#)
- [Applying for a Job: The Young Adult's Guide](#)
- [Competitive Integrated Employment Toolkit \(NTACT\)](#)
- [CareerOneStop](#)
- [Career One Stop/Get My Future](#)
- [Career Path \(ReSOURCE\)](#)
- [Charting the Course: Supporting the Career Development of Youth with Learning Disabilities](#)
- [Creating a Path to Employment: Tips for Parents with Children with Disabilities](#)
- [Do I Tell My Boss: Disclosing My Mental Health Condition at Work](#)
- [How to Keep a Job: A Young Adults Guide](#)
- [Job Accommodation Network \(JAN\)](#)
- [LEAP Program for youth who are blind or visually impaired \(ReSOURCE\)](#)
- [Preparing for Employment \(PACER\)](#)
- [Integrated Employment Toolkit \(ODEP\)](#)
- [The ADA, The Rehabilitation Act, and The Job Interview \(PACER\)](#)

- [The Transition to Employment: What Parents Can Do Now \(PACER\)](#)
- [Understanding the New Vision for Career Development: The Role of the Family \(NCWD\)](#)
- [Inclusive Internship Programs: A Guide for Employers \(ODEP\)](#)
- [ReSOURCE/Work Experience Training Programs](#)
- [Vermont Job Link](#)

Employment/Federal

- [USA Jobs Individuals with a Disability](#)
- [Disability Employment SELECTIVE PLACEMENT PROGRAM COORDINATOR](#)
- [The ABCs of SCHEDULE A: Tips for Applicants with Disabilities on Getting Federal Jobs](#)

Entrepreneurship

- [Road to Self-Sufficiency: A Guide to Entrepreneurship for Youth with Disabilities \(NCWD\)](#)
- [Entrepreneurs with Disabilities Network](#)

Family Engagement

- [CEC's DCDT FAST FACTS: Parental Involvement](#)
- [Engaging Parents in Productive Partnerships \(CADRE\)](#)
- [NCWD/Youth releases Families and College and Career Readiness: What Schools Can Do to Engage Families in the Individualized Learning Plan \(ILP\) Process](#)
- [Tips for Parent Centers and Families: Help your state make the most of Post-school outcome surveys](#)
- [Family Transition Planning Folder](#)
- [Tip Sheet for SEAs: Engaging Parents and Family Members in Post-School Outcome Stakeholder Groups \(NTACT\)](#)
- [Helping Youth Develop Job Skills for Success: Tips for Parents and Families \(NCWD\)](#)

- [The New Parent Transition Survey \(Engaging and Empowering Families in Secondary Transition: A Practitioner's Guide. \(Copyright 2009 CEC.\)](#)
- [Family Transition Planning Folder](#)
- [Family Engagement Checklist](#)
- [Parent Transition Information Needs Survey](#)
- [A Framework for Families Preparing Youth for Adulthood \(NCWD\)](#)
- [Tapping the Power of Families](#)

Foster Care

- [Foster Care Transition Toolkit](#)

Financial Aid/ Funding

- [College Funding Strategies for Students with Disabilities](#)
- [College Funding for Students with Disabilities \(DO-IT\)](#)
- [Federal Financial Aid](#)
- [Mapping Your Future Federal Student Aid](#)
- [Free Application for Financial Aid \(FAFSA\)](#)
- [FinAid:The Smart Student Guide for Financial Aid](#)
- [Vermont Student Assistance Corporation \(VSAC\)](#)

Graduation

- [Graduation Readiness Tool \(AOE\)](#)

Guardianship

- [Guardianship and Alternatives for Adults with Disabilities \(VFN\)](#)
- [Supported Decision Making and Alternatives to Guardianship](#)
- [Public Guardianship for Adults with Developmental Disabilities \(DAIL\)](#)
- [Alternatives to Guardianship \(DAIL\)](#)
- [How to Make a Supported Decision Making Agreement ACLU](#)

- [Thinking About Guardianship?](#)
- [Guardianship and It's Alternatives](#)
- [How to Make a Supported Decision Making Agreement](#)

Healthcare

- [ASAN Healthcare Transition Tool Kit](#)
- [ACP Pediatric to Adult Care Transitions Tool-kit](#)
- [Being a Healthy Adult: How to Advocate for Your Health and Health Care](#)
- [Emotional Supports](#)
- [Food and Nutrition at College](#)
- [GotTransition? \(Center for Health Care Transition Improvement Website\)](#)
- [Keeping in Contact with Your Professional](#)
- [The Journey to Adulthood: What Parents Need to Know](#)
- [Transition Timeline for Children and Adolescents with Chronic Illness/Physical Disabilities](#)
- [Transition to Adulthood: A Health Care Guide for Youth and Families](#)
- [Speaking Up at the Doctor's Office: Moving from Pediatrics to Adult Care](#)
- [Healthcare for Adults with Intellectual Disabilities: A Toolkit for Primary-care Physicians](#)
- [Transition health plan for youth with disabilities and their families PACER](#)

Health Care Videos for Teens with Health Needs Transitioning to Adulthood

- [Legal/Financial](#)
- [Residential](#)
- [Vocational](#)
- [Medical Self-Management](#)

Individual Learning Plans

- [Career Pathways, Pre-ETS, Personalized Career and Academic Plans \(NCWD\)](#)
- [Individual Learning Plans How-to Guide \(NCWD\)](#)

- [Kickstart your Individual Learning Plan /ILP \(ODEP\)](#)
- [Understanding the Role of Individual Learning Plans in Transition Planning for Youth with Disabilities\(NCWD\)](#)
- [Promoting Quality Individualized Learning Plans Throughout a Lifespan: A “How to Guide” \(NCWD\)](#)
- [NCWD/Youth releases Families and College and Career Readiness: What Schools Can Do to Engage Families in the Individualized Learning Plan \(ILP\) Process \(NCWD\)](#)

Identifying Learning Style

- [The ARC Self Determination Scale](#)
- [C.I.T.E. Learning Style Inventory](#)
- [VARK Questionnaire](#)

Individual Education Program

- [Chart Your Own Future: How Your Individualized Education Program \(IEP\) Can Help \(PACER\)](#)
- [IEP Team Education Module to Increase Student Involvement](#)
- [I’m Determined Understanding and Preparing for My IEP \(I’m Determined\)](#)

Juvenile Justice

- [Transition Toolkit 3.0 Meeting the Educational Needs of Youth Exposed to the Juvenile Justice System](#)
- [Helping Justice-Involved Youth Transition Back to Traditional School Settings](#)
- [Students with Disabilities & the Juvenile Justice System: What Parents Need to Know](#)

Laws and Rights

- [Disability Law Project](#)
- [Higher Education Opportunity Act \(Think College\)](#)
- [Wrightslaw](#)
- [Understanding the Role of Individual Learning Plans in Transition Planning for Youth with Disabilities \(NCWD\)](#)
- [The 411 on Disability Disclosure: A Workbook for Families, Educators, Youth Service Professionals, and Adult Allies Who Care About Youth with Disabilities](#)
- [A Parent's Guide to Section 504 and Schools \(VFN\)](#)
- [Section 504 Online Introductory Tutorial](#)
- [Section 504 of the Rehabilitation Act of 1973 and Vermont Schools: A Manual for Parents, Families and Schools \(VTAOE\)](#)
- [Students with Disabilities Preparing for Postsecondary Education: Know Your Rights and Responsibilities \(OCR\)](#)

Life Skills

- [Ready, Set, Fly! A Parent's Guide To Teaching Life Skills](#)

Mental Health

- [Navigating Tunnels and Cliffs: Empowering Families and Caregivers to Assist Youth with Mental Health Needs in Preparing for Work \(NCWD\)](#)

Person Centered Planning

- [Lifecourse](#)
- [Person Centered Planning \(PACER\)](#)
- [Person Centered Planning: A Tool for Transition \(NCSET\)](#)
- [Person Centered Planning Tools \(Inclusion BC\)](#)
- [The Person-Centered Planning Education Site \(Cornell University\)](#)
- [The Learning Community for Person-Centered Practices](#)
- [Person Centered Planning Education Site](#)
- [Student Centered Transition Planning Module \(IRIS\)](#)

Personal Learning Plans

- [Vermont Agency of Education \(AOE\)](#)

Postsecondary

- [A Guide to Assessing College Readiness \(Landmark College\)](#)
- [Best Colleges for Students with Disabilities](#)
- [College Guide for Students with Psychiatric Disabilities](#)
- [College or Training Programs: How to Decide \(PACER\)](#)
- [College Resources for Students with Disabilities](#)
- [Going to College: A Resource for Teens with Disabilities](#)
- [Guidance and Career Counselor's Toolkit: Advising High School Students with Disabilities on Postsecondary Options](#)
- [Preparing for College: An Online Tutorial](#)
- [Think College: College Options for People with Intellectual Disabilities](#)
- [Making My Way Through College \(NCWD\)](#)
- [Vermont Student Assistance Corporation \(VSAC\)](#)
- [VEOP \(Vermont Educational Opportunity Programs\)](#)
- [Transitioning to College with a Disability](#)
- [5 Tips for New College Students with Disabilities](#)
- [I'm Thinking College \(Even with my Disability\)](#)
- [Invisible Disabilities and Postsecondary Education \(University of Washington\)](#)

Scholarships

- [O'Neill Tabani Enrichment Fund](#)-The O'Neill Tabani Enrichment Fund is a postsecondary education grant awarded by NDSS to adults with Down syndrome.

Self-Advocacy and Self Determination

- [Am I Learning to Lead/Self-Assessment \(National Consortium on Leadership and Disability for Youth\)](#)
- [Becoming a Self-Advocate for Your Individualized Education ... \(NCWD\)](#)
- [Christopher's self-advocacy video \(Utah Parent Center\)](#)
- [Eye to Eye App](#)

- [Fostering Self Determination Among Children and Youth with Disabilities: Ideas from Parents for Parents](#)
- [Jacob's self-advocacy video \(Utah Parent Center\)](#)
- [ME! Lessons for Teaching Self-Awareness & Self-Advocacy](#)
- [I Get What I Want: A Handbook on Self-Advocacy](#)
- [IMDetermined.org](#)
- [I'm Determined: Understanding and Preparing for My IEP](#)
- [Opening Doors to Self-Determination Skills/Planning for Life After High School](#)
- [Self-Advocacy Checklist \(Connecticut Parent Advisory Center\)](#)
- [Self-Determination Checklist \(IMDetermined\)](#)
- [Who's Leading Your Individualized Education Program \(IEP\) ... \(NCWD\)](#)
- [How You can Raise Your Child be a Good Self-Advocate \(PACER\)](#)
- [Self-Determination: Supporting Successful Transition" \(NCSET\)](#)
- [Self-Determination for Middle and High School Students \(NCSET\)](#)
- [Self Determination for Post-Secondary Students](#)
- [Taking Charge: Stories of Success and Self-Determination \(Video-17 minutes\)](#)
- [Choosing Outcomes and Accommodations for Children \(Coach\)](#)
- [Group Action Planning \(GAP\)](#)
- [Making Action Plans \(MAPs\)](#)
- [Self-Advocacy Online](#)

Sexuality and Healthy Relationships

- [Healthy Relationships, Sexuality and Disability \(MDPH&MDDS\)](#)

Social Security Income (SSI)

- [How to Make SSI Work for You: Simply Said \(PACER\)](#)
- [Supplemental Social Security Income \(SSI\) \(VFN\)](#)

Student Participation

- [A Student's Guide to the IEP](#)
- [IEP Team Education Module to Increase Student Involvement](#)
- [Student Led IEP Toolkit](#)
- [20 Ways to Involve Students in the IEP Process](#)

Training Presentations/ Modules

- [Association of Community Rehabilitation Educators \(ACRE\) Certification](#)
- [Certified Employment Support Professional \(APSE\)](#)
- [Effective Vocational Rehabilitation Programs for People with Autism Spectrum Disorders \(SEDL\)](#)
- [Best Practices in Transition Planning \(Transition Coalition\)](#)
- [KSA Youth Service Professionals' Knowledge, Skills and Abilities Training Modules \(NCWD\)](#)
- [Job Accommodation Network Training Modules \(JAN\)](#)
- [Partners in Employment \(Minnesota's Governor's Council on Developmental Disabilities\) 6 hour self-study course for individuals with developmental disabilities](#)
- [Working with Families \(Transition Coalition\)](#)
- [Transition Assessment the Big Picture\(Transition Coalition\)](#)
- [Enhancing Employment Outcomes \(Transition Coalition\)](#)
- [Transition for Youth with ED/EBD \(Transition Coalition\)](#)
- [Secondary Transition and Cultural Diversity \(Transition Coalition\)](#)
- [The Essentials of Self-Determination \(Transition Coalition\)](#)
- [Simply Said : Introducing Vocational Rehab Services You Tube](#)

Publications and Books

- [Adult Autism and Employment: A Guide for Vocational Rehabilitation Professionals](#)
- [Asperger Syndrome Employment Workbook](#), by Roger N. Meyer
- [Choosing the Right Job for People with Autism or Asperger Syndrome](#), by Temple Grandin
- [Employment for People with Asperger Syndrome or Non-Verbal Learning Disability](#), by Yvona Fast
- [Employment Toolkit Autism Speaks Family Services](#)

Webinars

- VFN [Webinar](#) on Vocational Rehab for adults with disabilities

- VFN [Webinar](#) on Post-Secondary Transition Planning for Students with Disabilities
- VFN [Webinar](#) on Transition Assessments: What are they, how are they used and how are they individualized?

Workforce Innovation Opportunity Act

- [Pre-employment Transition Services](#)
- [Workforce Innovation Technical Center](#)
- [PACER Center/The Workforce Innovation and Opportunity Act \(WIOA\)](#)

Transition Plan Samples

- [Vermont Agency of Education \(AOE\)](#)

Transition Resources

- [Casey Life Skills](#)
- [Disability.gov](#)
- [GotTransition](#)
- [Guideposts for Success \(NCWD\)](#)
- [Learn How to Become](#)
- [National Collaborative on Workforce and Disability for Youth \(NCWD/Youth\)](#)
- [National Consortium on Leadership and Disability for Youth \(NCLD\)](#)
- [National Secondary Transition Technical Assistance Center on Transition \(NTACT\)](#)
- [National Center on Secondary Education and Transition \(NCSET\)](#)
- [MyPlan](#)
- [PACER's National Center on Transition and Employment](#)
- [U.S. Office of Special Education Programs](#)
- [Transition Coalition](#)
- [Transition of Students with Disabilities to Postsecondary Education: A Guide for High School Educators \(Office of Civil Rights\)](#)

- [A Transition Guide to Postsecondary Education and Employment for Students and Youth with Disabilities \(OSERS\)](#)
- [Workforce Investment Opportunity Resources \(WIOAA\)](#)
- [Youthhood](#)
- [Youth on the Move](#)
- [Youth Transitions Collaborative](#)

Vocational Rehabilitation

- [VocRehab Vermont](#)
- [Role and Process of Vocational Rehabilitation in Transition \(VFN Webinar\)](#)
- [Introducing VR Services \(PACER Webinar\)](#)
- [No Excuses, No Limits \(video\)](#)

Volunteer Programs

- [All for Good](#)
- [AmeriCorps](#)
- [Create the Good](#)
- [Do Something](#)
- [Minority Access Incorporated](#)
- [Volunteer Match](#)
- [Idealist](#)
- [HandsOn Network](#)
- [generationOn \(for youth\)](#)
- [How Volunteering Can Help You Find Employment](#)
- [The Untapped Potential of Volunteerism and Service Learning as a Pathway to Employment for Youth with Disabilities](#)
- [AmeriCorps](#)
- [National Service Inclusion Project](#)
- [The International Volunteer Programs Association](#)
- [National Service-Learning Clearinghouse Web site](#)
- [Youth Service America](#)

Vermont Agencies and Resources

- [Governor's Committee on Employment of People with Disabilities \(GCEPD\)](#)
- [Green Mountain Self Advocates](#)
- [Impact Vermont \(Resources for youth in Chittenden County\)](#)
- [Ticket to Work Program](#)
- [Vermont Agency of Education](#)
- [Vermont Agency of Secondary Education \(Special Education\)](#)
- [Vermont Designated Agencies for Developmental Disability Services](#)
- [Vermont Association for the Blind and Visually Impaired \(VABVI\)](#)
- [Vermont Association of Business and Rehabilitation \(VABIR\)](#)
- [Vermont Association of People Supporting Employment First \(APSE\)](#)
- [Vermont Council for Independent Living \(VCIL\)](#)
- [Vermont Deaf Services](#)
- [Vermont Department of Labor \(VDOL\)](#)
- [Vermont Family Network](#)
- [Vermont Federation of Families for Children's Mental Health](#)
- [Vermont Student Assistance Corps \(VSAC\)](#)
- [Vermont's Transition Learning Community WIKI \(AOE\)](#)

Work Based Learning

- ["Work Early, Work Often"](#) is a three-part video campaign highlighting the importance of work and work-based experiences in an individual's transition to adulthood. Each storyline focuses on a different subject and narrative, told from the perspective of key audiences that are part of the transition journey. The series was created by The Youth Transitions Collaborative, a community of more than 45 organizations, including the Office of Disability Employment Policy, that share a mission to empower young people with disabilities as they enter adulthood and the world of work.

Workforce Investment Opportunity Act

- [Pre-employment Transition Services](#)
- [Workforce Innovation Technical Center](#)
- [PACER Center/The Workforce Innovation and Opportunity Act \(WIOA\)](#)



Resource Guide for Transition Tool Kit