

# Friendship (PK-2)



## Program Synopsis

Melody and Simu talk about friendship. They talk about how difficult it is to make friends sometimes, and how important it is to develop trust and respect between friends. They explore different things you can say to someone, what to do when you experience unkind behavior, and how to be a good friend.

## Key Program Points

- The PK-2 Friendship program focuses on making friends. Students brainstorm how to begin conversation with people.
- We talk about the importance of developing trust and respect between friends, and how that takes time.
- Friends are supposed to make you feel good about yourself.
- If someone is trying to make you do something you don't want to do or think is wrong, they aren't being a good friend.
- Sometimes friends have to compromise. Friends don't always want to play the same thing, and that's okay!
- When unkind behavior becomes hurtful, it's okay to report to a trusted adult.
- You won't be friends with everyone, but it's important to be kind and compassionate to everyone!

## Program Info

**Type of Program:** Puppets

**Suggested grades:** PK-2

**Suggested # of Students:** 40 - 60

**Program Length:** 35 minutes

## Resources

National Alliance on Mental Illness (NAMI) [Back to School Resources](#)

[The Responsive Counselor:](#) Teaching Kids about Healthy Friendships and Friendship Boundaries

[PBS Kids:](#) Being a Good Friend and Neighbor

[National Geographic:](#) How to be an Awesome Friend

## Vermont Family Network

We empower and support all Vermont families of children with special needs. If you want to know more about how we can support *your* family, please reach out to us at [info@vtfn.org](mailto:info@vtfn.org)