

# VCIL Self-Advocacy Series

Learn how to effectively advocate about your disability in an education or training environment, through a webinar series for high school students with disabilities in grades 9 through 12.

The Vermont Center for Independent Living (VCIL) and HireAbility VT are hosting a series that invite students to consider how disability is defined and viewed within the context of employment and college. This series will cover topics such as confidence building, communication and interpersonal skills, disability rights, responsibilities, diversity, self-advocacy, employment, and college opportunities.

Student may choose to join one session, several sessions, or the entire series. Each Webinar will take place from 9:00 - 10:00 am EST.

**Week 1- January 31, 2023**  
Group identity and relationship building.

**Week 2- February 7, 2023**  
Confidence building and self-realization.

**Week 3- February 14, 2023**  
Communication and interpersonal skills.

**Week 4- March 7, 2023**  
Disability rights movement and the independent living philosophy.

**Week 5- March 14, 2023**  
Understanding the rights, responsibilities and self-advocacy of youth and young adults in education and training programs.

**Week 6- March 21, 2023**  
Asking for reasonable accommodations in employment and education settings.

**Click here to register for this series.**

After registering you will receive a confirmation email containing information about how to join the meetings.

Contact Sefakor Komabu-Pomeyie with any additional questions.  
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