

## **Brattleboro Core Team Break out Notes/ Oct. 11, 2022**

### **Value most about Core Team:**

Springfield- reignite meeting

Bonnie- get to know other service providers

Job Corps- opportunity to connect with different types of orgs. One person outreach- many core teams.

Valuing relationships with other providers

Accelerate learning about resources

Promotes collaboration

### **What inspires you to carry the work forward?**

“When you’re in a hurry, take your time”

Resonated- importance of slowing down to prevent burn out

Mindfulness to control the tempo

Relation to cultural ideology

Acknowledging that this can involve pushback against organizations.

“Work smarter not harder”

Same ultimate goal- to support Vermonters.

Understanding success through support-seeker’s eyes. “Asking as opposed to telling”, humble inquiry.

### **Questions for the coming school year**

Meetings: frequency and logistics

Regional meeting idea:

Takes pressure off Springfield

Can be clustered with information, build up to 2 hours and attendance plummeted.

Brattleboro shifted to an hour monthly

Virtual has helped with participation.

Idea of quarterly regional meeting: sharing out what orgs are working on, can make that one a longer meeting. “Regional Report of Practice”

Schools: difficulty representing in core teams. Rescheduling core team to different times on even and odd months to try to accommodate school months. It’s felt impossible to bolster school participation for years.

How to capitalize on the limited bandwidth available for school employees?

Idea: get in on staff development days.

There are many different staff who have cross over with our mission.

Is there commitment from the top down?

Idea: try with the new person, capitalize on the turnover.

Going to the school is easier than getting them to come to us.

Guest speakers have been a helpful method for Brattleboro, leaves little room for case discussion and deeper discussion, but makes meetings easier to manage.

Overlap with similar work.

High levels of vacancy- no interest in “extras” over capacity in schools.

Biggest breakdown in working together during the pandemic, need to build this back up working together.