



We are happy to hear that our materials are appreciated and used by others. To order copies of this fact sheet, or to learn more about VFN's materials and services, please contact us at:

802-876-5315

July 2022

If a Care Coordinator has not been offered to your family, you can request one be added to your team. Some families may choose to take on the role of Care Coordinator themselves.

Transitions:

As your child grows older, they will transition within systems of health care; moving from pediatric, to adolescent to adult care. The goal of transitions is to optimize life-long health and well-being that continues uninterrupted regardless of age. A medical home can help families navigate these transitions.

Value:

The medical home approach values and supports families in their role as primary care giver. A medical home respects your family's culture and religious beliefs and will help your family feel supported in caring for your child with special health care needs.

Who is eligible for high level care coordination?

Children and youth (birth to 22 years of age) with complex special health care needs. A complex health care need includes: a chronic medical, physical, developmental, behavioral, or emotional condition that requires a level of health and related services exceeding that of most children.

Tips for Families

- Request who you would like to have present at your child's Care Conference.
- Bring a list of questions and concerns to discuss.
- Share information on how your child is doing (progressing, regressing, etc.).
- If you don't understand something that is being said, ask for an explanation. You should feel comfortable asking questions and voicing your concerns about your child.

- Bring your child's [Care Notebook](#) so medical information is at your fingertips.
- Ask about resources that may help your child and family.
- Ask for information about ongoing health concerns.

Resources

American Academy of Pediatrics-VT Chapter

General child health information and specific guidelines concerning a pediatric issue. <http://www.aapvt.org/802-223-7898>

Bright Futures

Information on child health, development and how to get the most during medical appointments. <https://www.aap.org/en/practice-management/bright-futures>

Children with Special Health Needs

Providing a number of services to VT children- birth to age 21- who have complex health conditions, and to their families.

<https://www.healthvermont.gov/family/special-health-needs>
800-660-4427 or 802-863-7338

DCF Economic Services Division

ESD administers several public benefits that help Vermonters meet their basic needs. <https://dcf.vermont.gov/esd>
1-800-479-6151

Healthy Children

From the AAP information for families on a wide array of topics. <https://www.healthychildren.org/English/Pages/default.aspx>

National Resource Center for Patient/Family-Centered Medical Home

Working to improve quality of medical home through advocating for and supporting partnerships. <https://medicalhomeinfo.aap.org/Page/default.aspx>
800-433-9016 ext 6605