

VFN confidential Fax: (802) 876-6291 or scan and email to: info@vtfn.org

To: VFN Family Support

Date:	
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Family Information (Please collaborate with and obtain permission from family when making a referral) Parent/Caregiver name: ______

Email: _____

Preferred contact method:	🗆 Email	Phone
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Reason(s) for referral (descriptions on back of page)			
Parent Match	Health-Related Questions		
□ Funding	□ Transition to Adult Services		
□ Sibshops	Community Resources		
Educational Support/Parental Rights	□ Support/Recreational Groups		
Navigating Mental Health Systems	□ Other (please describe below)		

Additional Information



Parent Match Program: Talking on the phone with a parent who has "been there" can offer a source of empathy, hope, encouragement, and problem solving. We connect families of children with special needs with other families for support and information. Parents should never feel alone!

Funding: We can help find potential funding opportunities to cover medical needs not covered by insurance.

SibShops: SibShops are fun events for children and youth ages 6+, who have a brother or sister with special health care needs. Sibshops meet once a month in Chittenden County during the school year and events are co-facilitated by VFN and the Howard Center, with support from the Vermont Department of Health: Children with Special Health Needs. Each get-together includes activities, games, crafts, food, SibChat, and lots of fun!

Educational Support/Parental Rights: Our education support staff can help you navigate the school system, explain your rights as a parent, and help you plan and prepare for school meetings.

Navigating Mental Health Systems: Speak with a mental health support consultant about coordinating a collaborative meeting between education, mental health, and other service providers, to wrap your family with supports specific to your family and child's needs.

Health-Related Questions: Our health support staff provides families and individuals with the support, connections, and information they need to make informed decisions and choices about their health care. We can answer questions about health insurance and Medicaid eligibility, help you better advocate for your child in healthcare settings, find relevant resources and supports, and more.

Transition to Adult Services: Planning early for the transition from home and high school, to living and working in the community helps families to be better prepared for what lies ahead. Our family support consultants can explain transition planning in high school, and adult services and supports.

Community Resources: We are happy to connect you with resources in the community to assist your family, from basic needs to a specific service.

Support/Recreational Groups: We maintain a list of support groups, camps, and other recreational opportunities for children and youth with special health needs, and their families.

Other: We're here to listen and help with any needs or concerns you have about you or your child's health, education, or well-being. We are parents of children with special health needs or disabilities and understand the challenges and gifts our children offer.

www.VermontFamilyNetwork.org