



## Meet your SibShop facilitators!



**Molly Lawney** (Vermont Family Network) has a Master's degree in Public Health with a concentration in Maternal & Child Health. Since receiving her Master's, she has supported families as a volunteer with the Beth Israel Parent Connection program in Boston, as well as through her work as a Postpartum Doula with her own business, MotherTend. Molly moved to Vermont this past December and started work as a Family Support Consultant at Vermont Family Network. Molly enjoys cross-country skiing, mountain biking, playing cello, and doing Reiki. She is excited to help with SibShops because her family benefited so much from a similar program at Lucy's Love Bus in Massachusetts, when her son was undergoing treatment for pediatric cancer (he is now a year in remission and doing great!). Molly took the SibShop Facilitator training this past summer and is excited to be a Primary Facilitator this year!

**Jamie Rainville** (Vermont Family Network) has a bachelor's degree in Psychology and more than 10 years of experience supervising Autism Interventionists. Currently, Jamie works for Vermont Family Network as a Family Support Consultant, where she helps families across the state access resources and support. Born and raised in Vermont, Jamie is the proud mother of a rambunctious four year old, who has an uncanny ability to make her feel old and young all at the same time. Jamie and her family live in South Hero and she enjoys hiking, biking, running and swimming in the lake. Jamie loves participating in Sibshops because she cares deeply about young brothers and sisters and their concerns, and wants them to have a group of their own.



**Matt Wolf** (Vermont Federation of Families for Children's Mental Health) has worked with youth and young adults of transition age for over fifteen years in Vermont – working to inspire & empower their leadership development and advocating for them in the VT system of care and legislature. Matt has a Bachelor's Degree in Psychology and is an active trainer in Youth Thrive, Building Flourishing Communities (ACES, Trauma and Resiliency framework), Compassion Fatigue and a variety of leadership development components including advocacy and group facilitation skills. Using his experiences in direct service work with youth and history as a trainer, Matt is now working with a broader population of young adults and service providers statewide through the Youth in Transition (YIT) Program. As the Director of this program Matt is active in promoting young adult leadership & peer support work statewide, as well as, supporting staff in working to develop a strengths driven & empowerment system of care for this population that "straddles" the line between the children's and adult service systems. Matt is passionate about connecting with kids and youth, and is excited to co-facilitate Sibshops for the first time this year.



**Jessica Friedl** has a master's degree in psychology and is a board certified behavior analyst with 10+ years of working with children and adults with varying levels of disabilities in both New York and Vermont. She currently works as a behavior consultant in local schools and her favorite part of work is when she gets a chance to play with her students. As a "sib" herself, Jessica is excited to connect with other sibs to share her experiences and make new connections. When she's not at work, Jessica can be found hiking various trails, swimming in the lake, or playing various instruments; she is eager to learn how to snowboard this winter!