

VIRTUAL RESOURCES FOR YOUTH AND PROFESSIONALS

Outright VT:

<http://www.outrightvt.org/home/fng/>

Friday night meetings

Youth Development Program:

Kayla Altobelli <kaltobelli@wcysb.org>

Currently have youth advisory boards every Thursday 2:00 – 3:00 for any youth who has been in the foster care system or is currently in the system. Check in and build connections and help communities with anything related to social distancing and COVID-19.

4H/UVM Extension:

www.uvm.edu/extension/youth/announcements

Monday and Thursday meetings for distant learning circles. Wednesday meetings for QuartanTeen science café.

Contact:

Lauren Traister, lauren.traister@uvm.edu

Distant learning circles are available to young people 18+. An activity such as engineering, birding, mapmaking, etc. is presented to work on and present on Thursday calls. Middle and high school youth meet Wednesdays. STEM professionals speak of their work with Q&A session.

Division for the Blind and Visually Impaired: Monday meetings at 9AM for Connection Calls.

Contact:

Taya Tarr, taya.tarr@vermont.gov

Bring ideas of how to connect with others, discuss Netflix shows people are watching, games they're playing, etc.

Careers Clic:

Virtual Job Shadow days, [Virtual Job Shadow](#)

Contact:

Kathi Terami, kterami@careersclic.org

Developing a series of online professional development workshops later this spring, participants can earn hours toward recertification. Working on Career Search: Find the Right Fit workshop to deliver during Quaranteen time (4H/UVM Extension) later this spring.

2020 Virtual Youth and Parent Summit
Information will be updated daily

I'm Determined Website <https://virtual.imdetermined.org/>

Vermont Center for Independent Living: **Holding workshops on self-advocacy and self-confidence building virtually**
Contact: Kemal Onor, konor@vcil.org

Facebook page created to provide updates about what's currently going on. Workshops designed to promote conversations with students. Reworking to be more presentable online.

Vermont Student Assistance Corporation: <https://www.vvac.org/plan/college-career-pathways>
Career and College Pathways Videos (15 minutes to an hour)

<https://advancevermont.org/covid-19-resource/>
Resource for students already in post-secondary

877-961-4369 for free appointment to speak with adult counselors in the EOC program to assist adults in thinking about post-secondary and short-term training programs and how to navigate online learning options.

Contact: Kirstin Boehm, boehm@vsac.org

Content is available to everyone and live chats can be scheduled.

Global Campuses Foundation (GCF): **GCF Distance Learning Week 1** https://www.youtube.com/watch?v=mT9TOz_vl1Q&t=323s

GCF Distance Learning Week 2 <https://www.youtube.com/watch?v=13TX0UGj6S8&t=29s>

GCF Distance Learning Week 3

<https://www.youtube.com/watch?v=6wYOvHWhHYo&t=171s>

GCF Distance Learning Week 4

<https://www.youtube.com/watch?v=M2FLVxYrgGY&t=9s>

Contact:

Patti Gannon, Associate Director psg@globalcampuses.org, (802)272-1396

Provides advanced learning opportunities for adults with intellectual disability. Celebrating ability, GCF reorients the experience of disability as a positive and unique life experience with the pursuit of lifelong learning as a noble goal. The mission of Global Campuses Foundation is to facilitate collaborative learning for adults of all abilities.

Since mid-March when the COVID-19 social distancing guidelines were put in place, the GCF team immediately began creating distance learning opportunities for GCF participants at our 11 campuses in Vermont and GCF's campus in Lebanon, NH. Each week GCF participants come together in virtual meetings via Zoom or FB Live to give campus news and updates as well as to view the weekly distance learning lesson that is being rolled out each week. GCF invites anyone interested in taking part in a Global Campus online learning session to join in.

Vermont Afterschool, Inc.:

<http://www.vermontafterschool.org/virtualyouthforum/>

Contact:

Holly Morehouse, Executive Director hollymorehouse@vermontafterschool.org

VT Afterschool is holding a Virtual Youth Forum with Lt Governor Zuckerman later this month. It will allow youth to have their voices in front of legislators and other policy-makers on topics like:

- How is COVID-19 affecting you?
- What do you want legislators and decision-makers to know about what it means to be a young person during this time?

Open to any Vermont Youth between the ages of 9-26. There is a pre-session on April 23rd and the main forum is April 27th. We're looking for youth and/or adult facilitators to help.

ACTIVITIES/RESOURCES TO SHARE WITH YOUTH

Career Exploration/Assessments:

O*Net My Next Move: <https://www.mynextmove.org/>

O*NET Interest Profiler: <https://www.mynextmove.org/explore/ip>

CareerOneStop: Skills Match: <https://www.careerinfonet.org/skills>

CareerOneStop MySkillsMyFuture: <https://www.myskillsmyfuture.org>

CareerOneStop: Interest Assessment: <https://www.careeronestop.org/Toolkit/Careers/interest-assessment.aspx> (essentially the same as the O*Net Interest Profiler)

Career Scope: <http://vri.org/> (requires access through a Career Counseling & Assessment Specialist in your office who can set you up with an account)

The Career Index/Plus: https://www.thecareerindex.com/dsp_intro.cfm

Virtual Job Shadow: www.virtualjobshadow.com (requires access through a Career Counseling & Assessment Specialist in your office who can set you up with a “staff account”.)

National Career Development Association: Internet Sites for Career Planning:
<https://www.ncda.org/aws/NCDA/pt/sp/resources>

One Stop Coach - Explore career opportunities through active participation information gathering <http://www.onestopcoach.org/>

O*Net online: <https://www.onetonline.org/>

Explore Work (Offers online Pre-ETS activities!): <https://explore-work.com/>

Work Readiness/Life Skills:

Video Modeling to Teach Interview Skills – requires use of VidCoach App (free):

https://www.transitionta.org/system/files/resourcetrees/LP_VM_Interviewing.pdf?file=1&type=node&id=1516

How to keep a job: <https://escholarship.umassmed.edu/cgi/viewcontent.cgi?referer=&httpsredir=1&article=1090&context=pib>

Youth Rules!: <https://www.youthrules.gov/>

ODEP Skills to Pay the Bills: <https://www.dol.gov/odep/topics/youth/softskills/>

Explore Work (Offers online Pre-ETS activities!): <https://explore-work.com/>

Healthcare Transitions quiz for Youth and Young Adults: <https://gottransition.org/youthfamilies/HCTquiz.cfm>

Self-Advocacy:

411 Disability Disclosure: https://www.youtube.com/watch?v=iMb5aURm81s&feature=emb_title

<https://centerontransition.org/training/getready.cfm>

Explore Work (Offers online Pre-ETS activities!): <https://explore-work.com/>

Post-Secondary Education/Training:

VSAC: <https://www.vsac.org/i-am/a-high-school-student>

Off to College – universities, colleges and career programs: <https://www.offtocollege.com/college-search.html>

Vermont Center for Independent Living: Video presentation about the transition from high school to college, including the differences between IDEA and ADA around accommodations: <https://drive.google.com/open?id=1qvc53i7ZMMTa33edW3Hds-OJqi4KVB20>

T-Folio: Transition Portfolio Tool: <https://www.cctstfolio.com/#/>

National Parent Center on Transition to Employment – postsecondary videos:
<https://www.pacer.org/transition/video/topic.asp?se=Postsecondary%20Education>

Specific Resources for Parents:

Center for Parent Information and Resources - support for youth in the development of post-school employment goals:
<http://www.parentcenterhub.org/repository/employment/>

Pacer Transition Learning - parent focused resources: <http://www.pacer.org/transition/learning-center/planning/preparing-employment.asp>

Transition Planning Resources - Nebraska's Transition Planning Guide: <http://transition.ne.gov/transition-planning-guide>

Pennsylvania's Secondary Transition Guide: <https://www.secondarytransition.org/>

North Dakota's Launch My Life: <http://www.parentcenterhub.org/repository/employment/>

West Virginia Pre-ETS Sample Lessons: <http://www.pathwayswv.org/docs/Pathways%20Pre-ETS%20Sample%20Lessons%20-%202019%20FINAL.pdf>
<https://www.education.ne.gov/wp-content/uploads/2017/07/realitycheckflyer.pdf>

Work/Based Learning:

References:

Much of these resources came from National Technical Assistance Center for Transition (NTACT) and Work Innovative Technical Assistance Center (WINTAC). Please visit www.transitionTA.org to find the recorded webinars under “EVENTS”.