**Program Synopsis**

Joanne has a cold and is planning on taking medicine, which a friend has given her. When Valerie learns this, she explains to Joanne that medicine should only be taken if it is given by adults who are taking care of you. This program includes a puppet skit and an interactive question-and-answer period with the audience.

**Key Program Points:**

- Medicine is helpful when you are sick, but only if it is given to you by an adult who is taking care of you.
- Identifies adults who are caregivers.
- Speaks about the danger of taking medicine that is not yours.

**Resources**

Safe Kids Worldwide has information regarding [Medicine Safety](#).

YouTube video entitled [Medication Safety for Kids](#)

Have a good resource you’d like to share? Email Karen at: karen.sharpwolf@vtfn.org