



Cultural Diversity Workshop

Maximum Number of Students: 50
Program Length: 60 minutes

Program Synopsis

We present a short puppet show (10 minutes) with Nam and Melody where they both share their different customs and discover that even though they do some things differently, they also share a great deal in common. The skit is followed by an interactive workshop, which includes a PowerPoint presentation with information and videos. The workshop also includes small group discussions.

Key Program Points:

- Culture is made up of many things, including language, traditions, celebrations, values, beliefs, and more.
- Nobody should be teased or laughed at. We need to embrace everyone's differences.
- It is important to embrace differences, ask respectful questions, and have a dialogue.
- Melanin affects skin color . . . it's science!
- What is a stereotype?
- What is the difference between race, ethnicity, and nationality?
- We discuss how to become friends with someone who is different from you.

Resources

Throw Your Tooth on the Roof: Tooth Traditions from Around the World Selby B. Beeler c. 1998. [Amazon link](#).

Vermont Family Network's [resources](#) for cultural competency

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Have a good resource you'd like to share? Email Karen at: karen.sharpwolf@vtfn.org