Bullying Prevention
Puppet Program

Maximum Number of Students: 50
Program Length: 30 minutes

Program Synopsis

Eddy is being bullied at school and is unsure how to resolve the situation. He talks to his friend Clare, and with her help he learns that there are ways to stand up for himself and others. Puppets will take suggestions and questions from the audience.

(Note: Robby Jenkins, the student using bullying behavior, is heard offstage and is not seen).

Key Program Points:

- We include the definition of both bullying and harassment.

- Bullying is a behavior, and anyone can choose to act like a bully. We encourage students to choose kindness instead. Violence is never a solution.

- We encourage everyone to “Be an Upstander!” This means helping someone else if you see bullying happening. It is everyone’s responsibility to stop bullying. Everyone should feel safe going to school.

- There is a difference between tattling and reporting. Tattling is trying to get someone in trouble; reporting is trying to keep yourself or someone else safe. Have a list of three trusted grown-ups you can talk to. If the first person can’t help, keep going down the list until you find someone who can.

- There are many ways to deal with a bullying situation, including: ignoring the bullying; walking away and walking to someone or somewhere safe; standing up tall, looking the person in the eye, using a firm voice, and asking them to stop; and talking to a grownup.

Resources

Vermont Family Network’s Bullying and Harassment Information Packet
New Jersey Antibullying Laws and Policies

Have a good resource you’d like to share? Email Karen at: karen.sharpwolf@vtfn.org

For more information about our programs, or ways we support families, please visit www.VermontFamilyNetwork.org or call (800) 800-4005