Resources by County

- Addison
- Bennington
- Caledonia
- Chittenden
- Essex
- Franklin/Grand Isle
- Lamoille
- Orange
- Orleans
- Rutland
- Washington
- Windham
- Windsor

Resources by Town

- Map of Resources by Town **(DCF)**

Resources by Topic

Accommodations

- Getting Accommodations for College (Mental Health Needs)
- JAN Job Accommodation Network
- Employees' Practical Guide to Negotiating and Requesting Reasonable Accommodations Under the Americans with Disabilities Act (ADA)
- SOAR Searchable Online Accommodations

Advocacy

- How You Can Help Your Child Learn to be a Good Self Advocate (PACER)
- Tips for Teens: Use Your IEP Meetings to Learn How to Advocate for Yourself (PACER)
- Your IEP Meeting: A Great Place to Practice Self-Advocacy Skills (PACER)

Apprenticeships

- ApprenticeshipWorks videos

Assistive Technology

- Ability Hub
- AccessIT
- Alliance for Technology Access
- Assistive Technology for Transition Success (PACER)
- Bookshare
- Family Information Guide to Assistive Technology and Transition Planning (Center on Technology and Disability)
- Microsoft Accessibility Resources
- Project Gutenberg
- Vermont Assistive Technology Program (VATP)

Benefits

- Benefits Planning for Youth with Disabilities (NCWD)

Career Planning and Assessments

- Accuplacer (designed to evaluate student skills)
- Age Appropriate Transition Assessment Toolkit 3rd Edition (NSTTAC)
- Career Planning Begins with Assessment: A Guide for Professionals Serving Youth with Educational and Career Development Challenges
- Career Index Plus (connects individual career assessment and search job listings)
- Interest Assessments (CareerOneStop)
- Career Planning Begins with Assessments (NCWD)
- Careeronestop (skills)
- Career Scope (measures both interest and aptitude
- Career Planning Begins with Assessment: A Guide for Professionals Serving Youth with Educational and Career Development Challenges (NCWD)
- Career Pathways, PreETS, Personalized Career and Academic Plans (NCWD)
- Engaging Youth in Work Experiences Helping Youth Build Work Skills for Job Success: Tips for Families (NCWD)
- FOCUS 2 (assesses interests, personality, values, and skills toward education planning
- National Career Development Association

- Naviance (college and career exploration)
- Occupational Network
- O*Net & My Next Move (self-assessment career exploration tool)
- SDS-Self-Directed Search (measures interests)
- Transition Coalition Assessments
- Transition Assessments for Students with Severe and Multiple Disabilities
- Transition Assessment – Live Binder
- Transition Assessment Planning Form
- Understanding the New Vision for Career Development: The Role of the Family (NCWD)
- Virtual Job Shadow (video based career planning)
- Work Values Assessments
- WOWI World of Work Readiness (assesses personality and interest for career exploration)

Career Readiness

- Helping Youth Develop Soft Skills for Job Success: Tips for Parents and Families
- Skills to Pay the Bills (PACER)
- O*NET OnLine
- Career One Stop

College Preparation/Planning

- Advising High School Students with Disabilities on Postsecondary Options: Guidance and Career Counselors Toolkit (HEATH)
- College Navigator
- College App Map
- College or Training Programs: How to Decide Tips for Youth (PACER)
- Mapping Your Future
- Making My Way Through College (NCWD)
- Summer Pre-College Programs (HEATH)
- ThinkCollege
- Vermont Student Assistance Corporation (VSAC)

College Testing

- Accuplacer
- March2Success

- ACT
- National Center for Fair and Open Testing
- SAT
- College Board

Cultural Competence

- Cultural Competence: Essential Ingredient for Successful Transitions of Care [PDF]
- National Center for Cultural Competence (Georgetown University)
- The Transition to Adult Health Care For Youth with Special Health Care Needs: Do Racial and Ethnic Disparities Exist
- Multicultural Transition Guide

Disability Specific Resources

- A Guide to Visual Disabilities
- Division of Blind and Visually Impaired Guide to Employment Toolkit

Disclosure

- Youth, Disclosure, and the Workplace Why, When, What, and How (ODEP)
- Youth and Disability Disclosure: The Role of Families and Advocates (NCWD)
- The 411 on Disability Disclosure: A Workbook for Youth with Disabilities (ODEP)

Dual Enrollment

- Dual Enrollment: Implications for Special Education (VTAOE)
- Dual Enrollment Program Manual (VTAOE)
- Flow Chart Dual Enrollment for Students on IEPs (VTAOE)

Employment

- Apprenticeship (DOL)
- Applying for a Job: The Young Adult's Guide
- Competitive Integrated Employment Toolkit (NTACT)
- CareerOneStop
- Career One Stop/Get My Future
- Career Path (ReSOURCE)

- Charting the Course: Supporting the Career Development of Youth with Learning Disabilities
- Creating a Path to Employment: Tips for Parents with Children with Disabilities
- Do I Tell My Boss: Disclosing My Mental Health Condition at Work
- How to Keep a Job: A Young Adults Guide
- Job Accommodation Network (JAN)
- LEAP Program for youth who are blind or visually impaired (ReSOURCE)
- Preparing for Employment (PACER)
- The Transition to Employment: What Parents Can Do Now (PACER)
- Understanding the New Vision for Career Development: The Role of the Family (NCWD)
- Inclusive Internship Programs: A Guide for Employers (ODEP)
- ReSOURCE/Career Path
- Vermont Job Link

Employment/Federal

- USA Jobs Individuals with a Disability
- Disability Employment SELECTIVE PLACEMENT PROGRAM COORDINATOR
- The ABCs of SCHEDULE A:Tips for Applicants with Disabilities on Getting Federal Jobs

Entrepreneurship

- Road to Self-Sufficiency: A Guide to Entrepreneurship for Youth with Disabilities (NCWD)
- Entrepreneurs with Disabilities Network

Family Engagement

- CEC's DCDT FAST FACTS: Parental Involvement
- Engaging Parents in Productive Partnerships (CADRE)
- NCWD/Youth releases Families and College and Career Readiness: What Schools Can Do to Engage Families in the Individualized Learning Plan (ILP) Process
- Tips for Parent Centers and Families: Help your state make the most of Post-school outcome surveys
- Family Transition Planning Folder

- Tip Sheet for SEAs: Engaging Parents and Family Members in Post-School Outcome Stakeholder Groups (NTACT)
- Helping Youth Develop Job Skills for Success: Tips for Parents and Families (NCWD)
- The New Parent Transition Survey (Engaging and Empowering Families in Secondary Transition: A Practitioner's Guide. (Copyright 2009 CEC.)
- Family Transition Planning Folder
- Family Engagement Checklist
- Parent Transition Information Needs Survey
- A Framework for Families Preparing Youth for Adulthood (NCWD)
- Tapping the Power of Families

Foster Care

- Foster Care Transition Toolkit

Financial Aid/ Funding

- College Funding Strategies for Students with Disabilities
- College Funding for Students with Disabilities (DO-IT)
- Federal Financial Aid
- Mapping Your Future Federal Student Aid
- Free Application for Financial Aid (FAFSA)
- FinAid:The Smart Student Guide for Financial Aid
- Vermont Student Assistance Corporation (VSAC)

Graduation

- Graduation Readiness Tool (AOE)

Guardianship

- Guardianship and Alternatives for Adults with Disabilities (VFN)
- Supported Decision Making and Alternatives to Guardianship
- The National Resource Center on Supported Decision-Making
- Consider the Alternatives: Decision-Making Options for Youth with Intellectual Disabilities (PACER)
- Public Guardianship for Adults with Developmental Disabilities (DAIL)
- Alternatives to Guardianship Toolkit (University of Montana Rural Institute for Inclusive Communities)

- Alternatives to Guardianship (DAIL)
- How to Make a Supported Decision Making Agreement ACLU
- Thinking About Guardianship?
- Guardianship and It's Alternatives
- How to Make a Supported Decision Making Agreement
- Finding the Right Fit: Decision-Making Supports and Guardianship (SDM)

Healthcare

- ASAN Healthcare Transition Tool Kit
- ACP Pediatric to Adult Care Transitions Tool-kit
- Being a Healthy Adult: How to Advocate for Your Health and Health Care
- Emotional Supports
- Food and Nutrition at College
- GotTransition? (Center for Health Care Transition Improvement Website)
- Keeping in Contact with Your Professional
- The Journey to Adulthood: What Parents Need to Know
- Transition Timeline for Children and Adolescents with Chronic Illness/Physical Disabilities
- Transition to Adulthood: A Health Care Guide for Youth and Families
- Speaking Up at the Doctor's Office: Moving from Pediatrics to Adult Care
- Healthcare for Adults with Intellectual Disabilities: A Toolkit for Primary-care Physicians
- Transition health plan for youth with disabilities and their families PACER

Health Care Videos for Teens with Health Needs Transitioning to Adulthood

- Legal/Financial
- Residential
- Vocational
- Medical Self-Management

Individual Learning Plans

- Career Pathways, Pre-ETS, Personalized Career and Academic Plans (NCWD)
- Individual Learning Plans How-to Guide (NCWD)
- Kickstart your Individual Learning Plan /ILP (ODEP)

- Understanding the Role of Individual Learning Plans in Transition Planning for Youth with Disabilities(NCWD)
- Promoting Quality Individualized Learning Plans Throughout a Lifespan: A "How to Guide" (NCWD)
- NCWD/Youth releases Families and College and Career Readiness: What Schools Can Do to Engage Families in the Individualized Learning Plan (ILP) Process (NCWD)

Identifying Learning Style

- The ARC Self Determination Scale
- C.I.T.E. Learning Style Inventory
- VARK Questionnaire

Individual Education Program

- Chart Your Own Future: How Your Individualized Education Program (IEP) Can Help (PACER)
- IEP Team Education Module to Increase Student Involvement
- I'm Determined Understanding and Preparing for My IEP (I'm Determined)

Juvenile Justice

- Transition Toolkit 3.0 Meeting the Educational Needs of Youth Exposed to the Juvenile Justice System
- Helping Justice-Involved Youth Transition Back to Traditional School Settings
- Students with Disabilities & the Juvenile Justice System: What Parents Need to Know

Laws and Rights

- Disability Law Project
- Higher Education Opportunity Act (Think College)
- Wrightslaw
- Understanding the Role of Individual Learning Plans in Transition Planning for Youth with Disabilities (NCWD)
- The 411 on Disability Disclosure: A Workbook for Families, Educators, Youth Service Professionals, and Adult Allies Who Care About Youth with Disabilities
- A Parent's Guide to Section 504 and Schools (VFN)
- Section 504 Online Introductory Tutorial

- Section 504 of the Rehabilitation Act of 1973 and Vermont Schools: A Manual for Parents, Families and Schools (VTAOE)
- Students with Disabilities Preparing for Postsecondary Education: Know Your Rights and Responsibilities (OCR)

Life Skills

- Ready, Set, Fly! A Parent's Guide To Teaching Life Skills

Mental Health

- Navigating Tunnels and Cliffs: Empowering Families and Caregivers to Assist Youth with Mental Health Needs in Preparing for Work (NCWD)

Person Centered Planning

- Lifecourse
- Person Centered Planning (PACER)
- Person Centered Planning: A Tool for Transition (NCSET)
- Person Centered Planning Tools (Inclusion BC)
- The Person-Centered Planning Education Site (Cornell University)
- The Learning Community for Person-Centered Practices
- Person Centered Planning Education Site
- Student Centered Transition Planning Module (IRIS)

Personal Learning Plans

- Vermont Agency of Education (AOE)

Postsecondary

- A Guide to Assessing College Readiness (Landmark College)
- Best Colleges for Students with Disabilities
- College Guide for Students with Psychiatric Disabilities
- College or Training Programs: How to Decide (PACER)
- College Resources for Students with Disabilities
- Going to College: A Resource for Teens with Disabilities
- Guidance and Career Counselor's Toolkit: Advising High School Students with Disabilities on Postsecondary Options

- Preparing for College: An Online Tutorial
- Think College: College Options for People with Intellectual Disabilities
- Making My Way Through College (NCWD)
- Vermont Student Assistance Corporation (VSAC)
- VEOP (Vermont Educational Opportunity Programs)
- Transitioning to College with a Disability
- 5 Tips for New College Students with Disabilities
- I'm Thinking College (Even with my Disability)
- Invisible Disabilities and Postsecondary Education (University of Washington)

Scholarships

- O'Neill Tabani Enrichment Fund-The O'Neill Tabani Enrichment Fund is a postsecondary education grant awarded by NDSS to adults with Down syndrome.
- Scholarships and Financial Aid for Students with Disabilities (Affordable Colleges)

Self-Advocacy and Self Determination

- Am I Learning to Lead/Self-Assessment (National Consortium on Leadership and Disability for Youth)
- Becoming a Self-Advocate for Your Individualized Education ...(NCWD)
- Christopher's self-advocacy video (Utah Parent Center)
- Eye to Eye App
- Fostering Self Determination Among Children and Youth with Disabilities: Ideas from Parents for Parents
- Jacob's self-advocacy video (Utah Parent Center)
- ME! Lessons for Teaching Self-Awareness & Self-Advocacy
- I Get What I Want: A Handbook on Self-Advocacy
- IMDetermined.org
- I'm Determined: Understanding and Preparing for My IEP
- Opening Doors to Self-Determination Skills/Planning for Life After High School
- Self-Advocacy Checklist (Connecticut Parent Advisory Center)
- Self-Determination Checklist (IMDetermined)
- Who's Leading Your Individualized Education Program (IEP) ...(NCWD)

- How You can Raise Your Child be a Good Self-Advocate (PACER)
- Self-Determination: Supporting Successful Transition" (NCSET)
- Self-Determination for Middle and High School Students (NCSET)
- Self Determination for Post-Secondary Students
- Taking Charge: Stories of Success and Self-Determination (Video-17 minutes)
- Choosing Outcomes and Accommodations for Children (Coach)
- Group Action Planning (GAP)
- Making Action Plans (MAPs)
- Self-Advocacy Online

Sexuality and Healthy Relationships

- Healthy Relationships, Sexuality and Disability (MDPH&MDDS)

Social Security Income (SSI)

- How to Make SSI Work for You: Simply Said (PACER)
- Supplemental Social Security Income (SSI) (VFN)

Student Participation

- A Student's Guide to the IEP
- IEP Team Education Module to Increase Student Involvement
- Student Led IEP Toolkit
- 20 Ways to Involve Students in the IEP Process

Training Presentations/ Modules

- Association of Community Rehabilitation Educators (ACRE) Certification
- Certified Employment Support Professional (APSE)
- Effective Vocational Rehabilitation Programs for People with Autism Spectrum Disorders (SEDL)
- Best Practices in Transition Planning (Transition Coalition)
- KSA Youth Service Professionals' Knowledge, Skills and Abilities Training Modules (NCWD)
- Job Accommodation Network Training Modules (JAN)
- Partners in Employment (Minnesota's Governor's Council on Developmental Disabilities) 6 hour self-study course for individuals with developmental disabilities
- Working with Families (Transition Coalition)

- Transition Assessment the Big Picture(Transition Coalition)
- Enhancing Employment Outcomes (Transition Coalition)
- Transition for Youth with ED/EBD (Transition Coalition)
- Secondary Transition and Cultural Diversity (Transition Coalition)
- The Essentials of Self-Determination (Transition Coalition)
- Simply Said : Introducing Vocational Rehab Services You Tube

Transition Resources/Handouts for Parents

- Transition to Adulthood: Where Do We Start?
- Transition to Adulthood: Who Plans & Why?
- Documents to Keep for Youth Transitioning to Adulthood
- Talk to Your Child About Employment: A Checklist of Parents
- The Transition to Employment: What Parents Can Do Now
- Set an Employment Destination and Map a Course to Get There
- Talk to Your Child About Postsecondary Education or Training: A Checklist for Parents
- The Transition to Postsecondary Education or Training: What Parents Can Do Now
- Set a Postsecondary Education or Training Destination and Map a Course to Get There
- Talk to Your Youth About Independent Living: A Checklist for Parents
- The Transition to Independent Living: What Parents Can Do Now
- Set an Independent Living Destination and Map a Course to Get There

Publications and Books

- Adult Autism and Employment: A Guide for Vocational Rehabilitation Professionals
- Asperger Syndrome Employment Workbook, by Roger N. Meyer
- Choosing the Right Job for People with Autism or Asperger Syndrome, by Temple Grandin
- Employment for People with Asperger Syndrome or Non-Verbal Learning Disability, by Yvona Fast
- Employment Toolkit Autism Speaks Family Services

Webinars

- VFN Webinar on Vocational Rehab for adults with disabilities
- VFN Webinar Vermont Division of Vocational Rehabilitation: Serving Youth with Disabilities

- VFN Webinar on Post-Secondary Transition Planning for Students with Disabilities
- VFN Webinar on Transition Assessments: What are they, how are they used and how are they individualized?

Workforce Innovation Opportunity Act

- Pre-employment Transition Services
- Workforce Innovation Technical Center
- PACER Center/The Workforce Innovation and Opportunity Act (WIOA)

Transition Plan Samples

- Vermont Agency of Education (AOE)

Transition Resources

- Casey Life Skills
- Disability.gov
- GotTransition
- Guideposts for Success (NCWD)
- Learn How to Become
- National Collaborative on Workforce and Disability for Youth (NCWD/Youth)
- National Consortium on Leadership and Disability for Youth (NCLD)
- National Secondary Transition Technical Assistance Center on Transition (NTACT)
- National Center on Secondary Education and Transition (NCSET)
- MyPlan
- PACER's National Center on Transition and Employment
- U.S. Office of Special Education Programs
- Transition Coalition
- Transition of Students with Disabilities to Postsecondary Education: A Guide for High School Educators (Office of Civil Rights)
- A Transition Guide to Postsecondary Education and Employment for Students and Youth with Disabilities (OSERS)
- Workforce Investment Opportunity Resources (WIOAA)
- Youthhood
- Youth on the Move
- Youth Transitions Collaborative

Vocational Rehabilitation

- VocRehab Vermont
- Role and Process of Vocational Rehabilitation in Transition (VFN Webinar)
- Introducing VR Services (PACER Webinar)
- No Excuses, No Limits (video)

Volunteer Programs

- All for Good
- AmeriCorps
- Create the Good
- Do Something
- Minority Access Incorporated
- Volunteer Match
- Idealist
- HandsOn Network
- generationOn (for youth)
- How Volunteering Can Help You Find Employment
- The Untapped Potential of Volunteerism and Service Learning as a Pathway to Employment for Youth with Disabilities
- AmeriCorps
- National Service Inclusion Project
- The International Volunteer Programs Association
  National Service-Learning Clearinghouse Web site
- Youth Service America

Vermont Agencies and Resources

- Governor's Committee on Employment of People with Disabilities (GCEPD)
- Green Mountain Self Advocates
- Impact Vermont (Resources for youth in Chittenden County)
- Ticket to Work Program
- Vermont Agency of Education
- Vermont Agency of Secondary Education (Special Education)
- Vermont Designated Agencies for Developmental Disability Services
- Vermont Association for the Blind and Visually Impaired (VABVI)

- Vermont Association of Business and Rehabilitation (VABIR)
- Vermont Association of People Supporting Employment First (APSE)
- Vermont Council for Independent Living (VCIL)
- Vermont Deaf Services
- Vermont Department of Labor (VDOL)
- Vermont Family Network
- Vermont Federation of Families for Children's Mental Health
- Vermont Student Assistance Corps (VSAC)
- Vermont's Transition Learning Community WIKI (AOE)

Work Based Learning

- Work Early, Work Often" is a three-part video campaign highlighting the importance of work and work-based experiences in an individual's transition to adulthood. Each storyline focuses on a different subject and narrative, told from the perspective of key audiences that are part of the transition journey. The series was created by The Youth Transitions Collaborative, a community of more than 45 organizations, including the Office of Disability Employment Policy, that share a mission to empower young people with disabilities as they enter adulthood and the world of work.

Workforce Investment Opportunity Act

- Pre-employment Transition Services
- Workforce Innovation Technical Center
- PACER Center/The Workforce Innovation and Opportunity Act (WIOA)