

# Cultural Diversity Workshop



## What to expect:

A short puppet show (10 minutes) with Nam and Melody. Nam is struggling with his identity as a child of immigrants and talks with Mel, and realizes he is proud of his family and heritage. It is followed by an interactive workshop. Workshop includes a power point with information, videos, and small group discussion. Total workshop time: 60 minutes.

## Key Program Points:

- We all have culture, it is made up of many things including language, traditions, celebrations, values, beliefs and more.
- Nobody should be teased or laughed at.
- It is important to embrace differences, ask respectful questions, and have a dialogue.
- Melanin affects skin color...it's science!
- What is a stereotype?
- What are race, ethnicity and nationality?
- Discuss how to become friends with someone who is different from you.

## Resources:

[Throw Your Tooth on the Roof: Tooth Traditions from Around the World](#) Selby B. Beeler c. 1998

<http://www.vermontfamilynetwork.org/resources/resources-by-topic/cultural-competency-resources/>



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