

Bullying Prevention Puppet Program



What to expect:

Eddy is being bullied at school and is unsure how to resolve the situation. He talks to his friend Clare, and with her help, he learns that there are ways to stand up for himself and others. Puppets will take suggestions and questions from the audience. (Note: Robby Jenkins, the student using bullying behavior is heard offstage and is not seen).

Key Program Points:

- Definition of Bullying: Bullying is being mean on purpose to have power or control over someone else.
- Bullying is a behavior, and anyone is capable of choosing to act like a bully, or choose kindness instead. We encourage students to choose kindness.
- Everyone should feel safe going to school.
- It is everyone's responsibility to stop bullying.
- There is a difference between tattling and reporting. Tattling is trying to get someone in trouble, reporting is trying to keep yourself or someone else safe.
- There are many ways to deal with a bullying situation:
 - Ignore the bullying
 - Walk away and walk to someone or somewhere safe
 - Stand up tall, look the person in the eye, use a firm voice, and ask them to stop
 - Talk to a grownup—you should have at least 3 grownups on your "list" you can talk to. If the first grownup doesn't get you the help you need, talk to the next grownup on your list
 - Violence is never a solution
- Be an Upstander! This means helping someone else if you see bullying happening.

Resources:

<http://www.vermontfamilynetwork.org/wp-content/uploads/2013/12/Bullying-Harrassment-Final-2013.pdf>

<https://www.vtlegalaid.org/sites/default/files/VT%20Bullying%20Harassment%20and%20Discrimination.pdf>



For more information about our programs or ways we support families, please visit VermontFamilyNetwork.org or PuppetsInEducation.org or call (800) 800-4005

